



## **Community Events**

National Child Day - November  
Family Literacy Day – January  
Safe Kids – June

\*\*\* we need to plan more on literacy – our rates are not improving  
Frontier has give excellent leadership to literacy in the north in the last decade

## **Prenatal and Postnatal Care**

### **Healthy Baby**

Prenatal up to one year  
Nutrition education/milk vouchers  
Not running due to vacancies at present  
Nurses/Community Health workers are excellent at referring to the program

**Books for Babies** – package given to every new mom

## **Oral Health**

Our dental health coordinator has been to every community  
Train the trainer – health centre staff

## **Chronic Disease Prevention Initiative**

Physical activity  
Nutrition  
Tobacco reduction  
Mental wellness

## **Diabetes**

RN/Dietitian – travel every 2 months to communities – clients visited every 2 months  
Presentations as requested  
Diabetic foot care nurses traveling regularly  
Retinal screening  
Risk Factors and Complications Assessments – train the trainer program is starting in the fall

## **Public Health Dietitian**

Not filled at present  
Will do presentations upon request from communities  
Involved in the development of the Frontier School Division Healthy Food Policy

All communities will have a calendar to outline health services coming to the communities..... Where should these be posted?

**Mental Health**

Pikwitonei – no mental health worker going in

Thicket Portage – no mental - handful of cases – no shows even with phone calls, (1 year ago)

Wabowden – going back in September, want to plan with school and community

THIS IS A PARTNERSHIP THAT WE NEED WITH THE COMMUNITY

Our objective is to partner with the community for focus on promotion and prevention and to reduce the stigma